Welcome to



Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and SCC, Seaford

FIFTH SUNDAY IN ORDINARY TIME - YEAR A

Vol 11 : No 11

NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

(Please leave a message outside office hours and we will get back to you as soon as we can)

Email: nswcp@tpg.com.au

Web: www.noarlunga-

seafordparish.org.au

OFFICE HOURS

Tuesday - Friday 10.00am - 3.00pm

PARISH TEAM CONTACTS

PARISH PRIEST

Fr Josy Sebastian - (8382 1717; in an emergency 0452 524 169; jponnambal@gmail.com)

ASSISTANT PRIEST

Fr Dominick Okwadha (8382 1717; okwadha@yahoo.com

PARISH MANAGER NEWSLETTER

Mrs Toni Fishlock - 0417 801 241; fishlock11@tpg.com.au

(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)

SEAFORD

Sr Bernie Sontrop SGS – SCC (Catholic Community Coordinator - 0400 035 462)

CHILD PROTECTION

Child Protection Unit 8210 8159

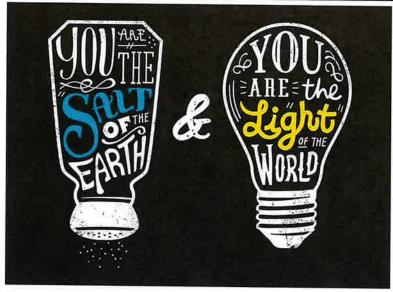
REGULAR WEEKEND MASSES

- SATURDAY EVENING 6.00pm - St Luke's, Noarlunga
- SUNDAYS

9.00am - St Luke's, Noarlunga 10.45am - SCC, Seaford

11.00am - 1st Sun - St Luke's: Spanish 2.00pm - 2nd Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



FIRST READING

Isaiah 58:7-10

Thus says the Lord:

Share your bread with the hungry, and shelter the homeless poor; clothe the man you see to be naked and turn not from your own kin. Then your light will shine like the dawn and your wound be quickly healed over.

Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.'

If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

RESPONSORIAL PSALM

Ps 111:4-9

A light rises in the darkness for the upright.

SECOND READING

1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was

about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

GOSPEL ACCLAMATION

Jn 8:12

Alleluia, alleluia!
I am the light of the world, says the
Lord; the man who follows me will
have the light of life.
Alleluia!

GOSPEL

Matthew 5:13-16

Jesus said to his disciples, 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. (Cont. page 4)

Baptism of Infants: 8382 1717

Children's Faith Formation

Sacrament of Reconciliation:

Each Saturday 9.00am - 9.30am and Half an hour before all weekend masses

Pastoral Coordinator:

Gabrielle Byrne

0422 804 579

Child Safe Contact Person:

Nicoline Henderson

0404 297 930

Chairperson Parish Pastoral Council:

Dr Paul Rijken

Chairperson Liturgy Group:

Margaret Burns

Parish Schools and Colleges:

St John the Apostle

8382 2064

Principal - Ms Lee-Anne Johansen

All Saints

83270020

Principal - Mrs Liz Keogh

Cardijn College

8392 9500

Principal - Mr Steve Byrne

Heads of Campus:

Marian —Ms Danielle Greig

Galilee-Mr Nick Wright 8557 9000

Marcellin-Mr Gianni Petrucci

Church Cleaning

11 Feb

Cleaning:

Leona Tane

Vacuuming: Denise Bachmann

Finances 25/26 Jan:

1st Collection \$1046

Support for Archdiocesan Priests

2nd Collection \$344 (27 envelopes)

Open Plate \$851

Thank you for your ongoing support and commitment to the community.

PARISH OFFICE HOURS

The Parish Office is open

10.00am—3.00pm on

Tuesday—Friday

For any emergencies please contact Fr Josy on 0452 524 169 or Toni Fishlock on 0417 801 241.

Noticeboard:

11 Feb To be Planted by God-

Fr Selva Raj

23 Feb Spiritual Healing Retreat

3 Mar World Day of Prayer 2023

Date Claimer:

21 May Marian Procession—at 2.00pm

CHANGES TO COVID RULES ARE LISTED ON THE BACK OF THIS NEWSLETTER.

WALK FOR LIFE

JOIN US AS WE WALK FOR LIFE TO BRING AN END TO ABORTION. LET THEM LIVE!

SATURDAY 11TH FEBRUARY 2023

10:00 AM -12:00 PM

Pennington Gardens

Opposite St Peter's Cathedral

\$5 Donation Parking

Adelaide Oval carpark Enter from Pennington Tce

Don't forget to bring a drink bottle; and remember FREE tickets available go

to slip, slop and slap!

Gates

Gates will be open from 9am. Bring your ticket!

Tickets

to loveadelaide.org.au

PLEASE WEAR A WHITE SHIRT

No megaphones, no signs. Posters for this event will be provided. Please obey the marshals & police on the walk. This walk will be peaceful.

Check out the guidelines at loveadelaide.org.au/guidelines

FREE ENTRY TICKETS LOVEADELAIDE.ORG.AU/EVENT-DETAILS/WALKFORLIFE

LET THEM LIVE For more information - loveadelaide.org.au





MASS TIMES—ASH WEDNESDAY-22 FEBRUARY



9.15am All Saints/SCC 7.00pm

Willunga

9.15am

Aldinga

7.30pm

St Luke's

12.15pm St John's

Parishioners are welcome to attend school Masses.

LENTEN DAILY REFLECTIONS—\$5 each

Please order and pay Gabrielle at the Parish Office—8382 1717. Volunteers are needed to run day or evening sessions, if you can help please contact Gabrielle.

ADORATION OF THE BLESSED SACRAMENT ST LUKE'S CHURCH - NOARLUNGA **EVERY THURSDAY FROM 9.00AM TO 12.30PM** Pray for the healing of: Angela Young, Catherine Kelley, William Tanti, Gentile Monardo, Joan Lavender, Astrid Houareau, Alison Pyne, Mark Malagoski, Chris Leahy, Pat & Jack Vaughan, Steven Wright, Veronica Anderson, Raymond Peppin



Deceased:

Anniversaries: Anthony Clare, Frances Clare, Glad Leonard We keep in mind and our prayers those who have died and those who grieve.

(Names will remain on the Prayer for Healing list for one month).

Rosters for weekend 11/12 February

| | 6.00pm | 9.00am | 5.30pm |
|-----|---------------------|----------------|----------------|
| P1 | Mary Kralj | Mathew Vaghese | Thomas Harry |
| P2 | Denis Jones | Marie Lodge | Sandy Knobloch |
| W | Christine Jones | Erica Badics | Michael Pols |
| Mus | ic Children's Choir | Folk Group | |

DAY OF THE UNBORN CHILD APPEAL 11/12 FEBRUARY

A special collection will be taken up next weekend in support of the work undertaken by Birthline Pregnancy Support, Mothers without Medicare & Genesis Pregnancy Support Inc.

The Day of the Unborn Child assists us to focus on those people in our families and communities who have experienced any sort of child-bearing loss, whether miscarriage, still-birth, the death of a baby soon after birth or abortion.

We thank you in anticipation for your generous support of those who work tirelessly with individuals and families who require these important resources and services.

ST JOHN'S SCHOOL MASSES

In 2023 St John's School Masses will be on Wednesdays at 12.15pm, commencing on 8 February. All parishioners are welcome to attend these Masses.

ACCOMMODATION NEEDED

From mid February two students from India will be needing accommodation in Adelaide while they attend university. If anyone knows of any available suitable accommodation (eg granny flat) please contact Fr Josy.

MEN'S BREAKFAST Saturday 11 February at 8am All welcome.





Congratulations and God's Blessings to all who are celebrating a Birthday or Anniversary in February.

WHAT'S ON

| | | *************************************** | |
|-------|--------|---|--|
| Mon | 6 Feb | Feast of St Paul Miki & Companions | |
| | | Mass at 9.00am—St Luke's | |
| Tues | 7 Feb | Mass at 9.00am—St Luke's | |
| Wed | 8 Feb | Mass at All Saints/SCC—9.15am | |
| | | Craft Group 10.00am | |
| | | Mass at 12.15pm—St John's | |
| | | Mass at 7.30pm—St Luke's | |
| Thurs | 9 Feb | Mass at 9.00am—St Luke's | |
| | | Exposition of the Blessed Sacrament | |
| | | Prayer Meeting—10.00am | |
| | | Benediction at 12.30pm | |
| | | Rosary at 6.45pm—St Luke's | |
| Fri | 10 Feb | Feast of St Scholastica | |
| | | Rosary at 9.30am—St Luke's | |
| | | Mass 10.00am—St Luke's | |
| Sat | 11 Feb | Men's Breakfast—8.00am | |
| | | Reconciliation at 9.00am -St Luke's | |
| | | Mass at 6.00pm—St Luke's | |
| Sun | 12 Feb | Mass at 9.00am & 5.30pm – St Luke's | |
| | | Mass at 10.45am—SCC | |
| | | Filipino Mass at 2.00pm—St Luke's | |
| | | | |

EXTRAORDINARY MINISTERS OF THE EUCHARIST

For those who wish to become and/or continue in this role and missed the training day last year, would you please contact the Parish Office. Dates for sessions will be announced later.

REFLECTION: TO BE PLANTED BY GOD

Saturday 11 February, 10.30am to 3.30pm Guest Speaker & Celebrant, Fr Selva Raj St Peter Claver Church, 8 Stuart Rd, Dulwich Coffee & tea provided: bring own lunch

RCIA

Are you interested in becoming a Sponsor for a
Catechumen in the RCIA? As Sponsor you would serve as
a spiritual companion and offer support and
encouragement for the Catechumen during their journey
of faith and welcome into full communion with the
Catholic Church. Please contact Gabrielle in the Parish
Office on 8382 1717 or 0422 804579.

WORLD DAY OF PRAYER 2023 TAIWAN

Hosted by The Salvation Army Noarlunga, 186 Elizabeth Rd, Morphett Vale on Friday 3 March at 2pm. If you are attending and would like to do a short Reading please contact Marilyn Jones on 0410052895.

PALMS REQUIRED FOR PALM SUNDAY

If anybody has palms to donate please contact the Parish Office on 8382 1717.

COMPLIANCE WITH COVID-19 REGULATIONS

(Current from 02/02/23)



- If you have tested positive for COVID-19 please stay home and do not attend church services until you have fully recovered.
- Wearing of face-masks in Church is strongly recommended.
- Sick and high risk/vulnerable people are requested to stay home.
- Hand sanitiser is available at church entrances.
- Communion is given only in hands.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact



DID YOU KNOW?

- In the ancient world, salt was essential. It was used not simply to season food or to add to its taste, but as a preservative, enabling food to be stored and kept.
- At the time of Jesus, the main source of oil for lamps was the olive. A saucer-shaped lamp held the oil, and a wick, made of flax or a similar material, burned from a small opening on the rim. Such lamps were often placed in a niche in the walls of rooms.
- Lamp oil was a precious commodity. Once lit, a lamp was often placed high to give maximum illumination.
- Ancient cities were often built on hilltops so that they were easily defended against invaders and were visible for many miles around.

LITTLE MORNING MEDITATION

You have been given this day to use as you will. You can waste it or use it to do good.

What you do today is important because you are exchanging a day of your life for it.

When tomorrow comes, this day will be gone forever and in its place is something you have left behind let it be something good.

(Continued from page 1)
In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

FOR THE SAKE OF OTHERS

(Matthew 5: 13 - 16)

The disciples are called "the salt of the earth" and "the light of the world". Consequently, their success will rest on not drawing attention to themselves. As salt is used for preservation and purification, the disciples are called to preserve what is good and purify what hinders God's reign. They cannot allow themselves to become "tasteless salt" that is diluted or dissolved by the cares and worries of the world. As light moves beyond itself and illumines objects in a room, the disciples are called to look beyond themselves by doing good works. This will lead others to glorify God, whom Matthew, for the first time, refers to as "your heavenly Father".

Ponder: How will I live out my vocation as salt and light?

SYMBOLS AND IMAGES

The people of Israel often described the Law of God as 'salt' because it gave zest and flavour to life and it preserved them as the people of God. Similarly, the Law was often compared to a light that showed them the path to God: 'Your word is a light to my feet and a lamp to my path' (Psalm 119:105). Jerusalem, the city on the hill, was a focal point and reminder of God's presence. Jesus gives a new focus to all these images when he applies them to those who hear his word and put it into practice. All Christians are called to be 'salt' and 'light', a 'city on the hill' giving witness to God's presence.

GIVE FREELY AND OPENLY

When Beth unexpectedly inherited a large amount of money, she was scared. She had never managed such a sum before, and she was intimidated by the prospect of handling this responsibility correctly. Her future would be secure as long as she didn't make any mistakes, so she set about learning how to invest wisely and working with trustworthy, expert professionals. And she resisted the

temptation to spend too much of it!

Through the process, she discovered confidence in herself. She could make smart financial decisions. That confidence led her to want to do more with the money - she wanted to help people with it and apply her newfound savvy. She became a philanthropist and she developed strategies to maximise the effectiveness of her gifts - one of which was widely telling others that she was giving to. She found her listeners then started donating to the same causes. She encouraged women in particular not to give anonymously, not to be too humble about their giving - in order to help other women realise they could do the same. It's not bragging if your intentions are charitable. Don't put your lamp under a basket indeed!

You can bring change by:

- Knowing the faithful way.
- Working quietly from the inside.
- Being ready to take the long-term approach.
- Listening to different points of view.
- Being willing to find the facts.
- Taking the time that is needed.
- Refusing to give in or give up.
- Shining light on the darkest path.

Bringing change is the way of Jesus Christ. GPBS eNews



THIS WEEK'S READINGS

(06 - 12 February)

- Monday, 06: St Paul Miki and companions (Gen 1:1-19; Mk 6:53-56)
- Tuesday, 07: Weekday Ord Time 5 (Gen 1:20 - 2:4; Mk 7:1-13)
- Wednesday, 08: Weekday Ord Time
 5 (Gen 2:4-9, 15-17; Mk 7:14-23)
- *Thursday, 09:* Weekday Ord Time 5 (Gen 2:18-25; Mk 7:24-30)
- *Friday, 10:* St Scholastica (Gen 3:1-8; Mk 7:31-37)
- *Saturday, 11:* Weekday Ord Time 5 (Gen 3:9-24; Mk 8:1-10)
- Sunday 12: 6th SUNDAY in ORDINARY TIME (Sirach 15:15-20; 1 Cor 2:6-10; Mt 5:17-37)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8382 1717; or in an emergency 0452 524 169.