



Welcome to

Noarlunga/Seaford Catholic Parish

St Luke's, Noarlunga and SCC, Seaford

FIFTH SUNDAY IN ORDINARY TIME - YEAR B

Vol 12 : No 11

NOARLUNGA/SEAFORD CATHOLIC PARISH CENTRE

Cnr Goldsmith Drive and Honeypot Rd, (PO Box 406) NOARLUNGA, SA 5168 Phone: 8382 1717

(Please leave a message outside office hours and we will get back to you as soon as we can)

Email: nswcp@tpg.com.au

Web: www.noarlunga-seafordparish.org.au

OFFICE HOURS

Tuesday - Friday
10.00am - 3.00pm

PARISH TEAM CONTACTS

• PARISH PRIEST

Fr Josy Sebastian - (8382 1717;
in an emergency 0452 524 169;
jponnambal@gmail.com)

• ASSISTANT PRIEST

Fr Dominick Okwadha
(8382 1717; 0421 074 212
okwadha@yahoo.com)

• PARISH MANAGER NEWSLETTER

Mrs Toni Fishlock - 0417 801 241;
fishlock11@tpg.com.au

(Please submit newsletter items to the Parish Office by 11.30am each Wednesday)

• SEAFORD

Sr Bernie Sontrop SGS – SCC
(Catholic Community Coordinator
- 0400 035 462)

CHILD PROTECTION

Child Protection Unit 8210 8159

REGULAR WEEKEND MASSES

• SATURDAY EVENING

6.00pm - St Luke's, Noarlunga

• SUNDAYS

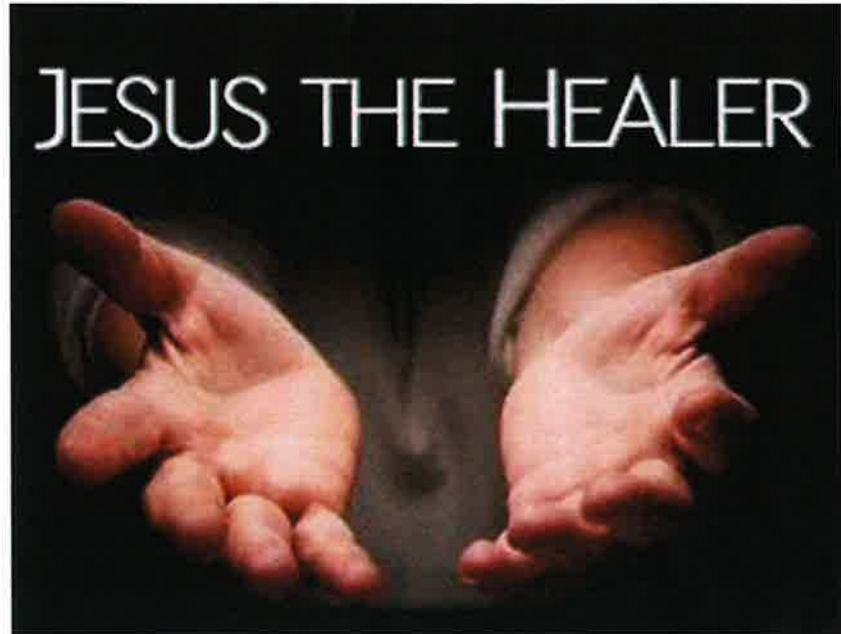
9.00am - St Luke's, Noarlunga

10.45am - SCC, Seaford

11.00am - 1st Sun - St Luke's: Spanish

2.00pm - 2nd Sun - St Luke's: Filipino

5.30pm - St Luke's: Youth Mass



FIRST READING

Job 7:1-4, 6-7

Job began to speak:

Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief.

Lying in bed I wonder, 'When will it be day?'

Risen I think, 'How slowly evening comes!'

Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind.

Remember that my life is but a breath, and that my eyes will never again see joy.

RESPONSORIAL PSALM

Praise the Lord who heals the broken-hearted.

SECOND READING

1 Corinthians 9:16-19, 22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be

punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing.

GOSPEL ACCLAMATION

Mt 8:17

Alleluia, alleluia!

*He bore our sickness,
and endured our suffering
Alleluia!*

GOSPEL

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew.

(Continued page 4)

Baptism of Infants 8382 1717

Children’s Faith Formation

Sacrament of Reconciliation:
Each Saturday 9:00am - 9:30am
or by appointment.

Pastoral Co-ordinator:
Gabrielle Byrne 0422 804 579
gabrielle1956.gb@gmail.com

Child Safe Contact Person:
Gabrielle Byrne 0422 804 579

Chairperson Parish Pastoral Council:
Dr Paul Rijken

Chairperson Liturgy Group:
Margaret Burns

Parish Schools and Colleges:
St John the Apostle 8382 2064
Principal - Ms Lee-Anne Johansen
All Saints 83270020
Principal - Mr Nick Wright
Cardijn College 8392 9500
Principal - Mr Steve Byrne
Heads of Campus:
Marian - Wade Champion
Galilee - Ms Kerri Gould 8557 9000
Marcellin - Mr Gianni Petrucci

Church Cleaning
For weekend 10/11 February
Cleaning: Volunteer
Vacuuming: Volunteer

Finances : January
For weekend 27/28 January
1st Collection \$827.00
Support for Archdiocesan Priests
2nd Collection \$345.05 (23 envelopes)
Open Plate \$623.00
Thank you for your ongoing support
and commitment to the community.

PARISH OFFICE HOURS

The Parish Office Hours

Tuesday to Friday

10.00am—2.30pm

For any emergencies please contact
Fr Josy on 0452 524 169 or
Toni Fishlock on 0417 801 241.

Noticeboard:

2024 Upcoming Courses
2024 Charis SA Services

CHANGES TO COVID RULES ARE LISTED ON THE BACK OF THIS NEWSLETTER.

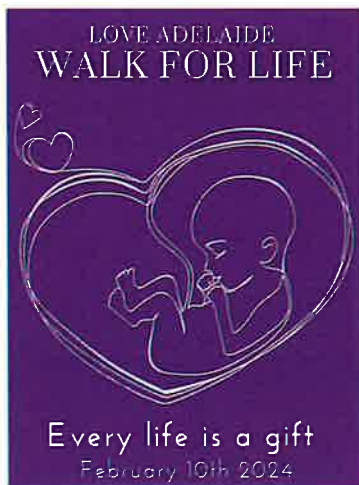


We welcome to our faith community:

Riley Nguyen, son of Trung Thanh and Huyen Phuoc Khanh
who will be baptised at the 9:00am Mass this Sunday, 4 February.
We wish him and his family God’s richest blessings.



Congratulations and God’s Blessings to all who are celebrating a Birthday or Anniversary in February.



LOVE ADELAIDE - WALK FOR LIFE
Join us as we walk for life
to bring an end to abortion
Saturday 10th of February 2024
10:00am -12:00noon
Pennington Gardens
Opposite St Peter’s Cathedral

\$5 Donation Parking
Adelaide Oval carpark
Enter from Pennington Tce

Don’t forget to bring a drink bottle; and remember to sip, slop and slop!

Gates
Gates will be open from 9am. Bring your ticket!

Tickets
FREE entry tickets at loveadelaide.org.au

PLEASE WEAR A WHITE SHIRT
NO megaphones or personal signs.
Love Adelaide will provide official signs for the walk. Please follow the direction of the marshals & police and walk peacefully with love.
Free Tickets at trekking4CLZHK

Please follow the event guidelines.
Every life is a gift
LOVE ADELAIDE AUSTRALIA
loveadelaide.org.au

Day of the Unborn Child Appeal – 10th and 11th February, 2024

A special collection will be taken up next weekend in support of the work undertaken by Birthline Pregnancy Support and Genesis Pregnancy Support Inc.
The Day of the Unborn Child assists us to focus on those people in our families and communities who have experienced any sort of child-bearing loss, whether miscarriage, still-birth, the death of a baby soon after birth, or abortion.
We thank you in anticipation for your generous support of those who work tirelessly with individuals and families who require these important resources and services.

Regional Assembly Gathering

All parishioners are invited to the Regional Assembly Day to share and discern our future as parish and church with participants from other parishes in our region on Saturday, 9 March 2024 at Cardijn College from 9:30am to 4:30pm followed by Mass in St Luke’s at 5 pm. Please register your name and details on the sheet at the foyer information desk – more details about the day at the desk.

ASH WEDNESDAY MASS TIMES - 14 February

All Saints / SCC	9:15am
Galilee / Aldinga	9:15am
St Johns School	12:00 noon
Willunga	9:00am
St Luke’s	7:30pm

Parishioners are welcome to attend the school Masses.

**ADORATION OF THE BLESSED SACRAMENT
ST LUKE’S CHURCH - NOARLUNGA
EVERY THURSDAY FROM 9:00AM TO 10:30PM**

Pray for the healing of: Pat Leahy, Terry Cahalan, Connie Anderson, Bill Tanti, James Stewart, Gentile Monardo, Cate Lavelle, Raymond Peppin, Shelley Heard, Cherie Morrison, Astrid Houareau



Deceased:
Anniversaries: Chris Leahy
 (Names will remain on the Prayer for Healing list for one month).

Roster for weekend 10/11 February

	6:00pm	9:00am	5:30pm
Priest	Fr Josy	Fr Josy	Fr Dominick
P1	Mel Buenviaje	School	Yvonne Bennett
P2	Tinna Buenviaje	School	Theresa Tanti
W	Brenda Byrne	Erika Badics	Gabrielle Byre
HC	Raylee Crane	Angeline D'Cruz	Dave vanHeerde
	Kevin Barry	Maria Thomas	Sheralee vanHeerde
Children's Liturgy		Joanna and Stacey	
Music	6:00pm	9:00am	5:30pm

SACRAMENTAL PROGRAM will commence at St Luke's in February 2024.

If you would like your child to receive these Sacraments, please contact the Parish Office on 8382 1717 to register or for more information.

Children's Liturgy will be at the 9:00am Mass on Sunday, 11 February.



Prayer Meeting The **PRAYER MEETING** resumes on Thursday, 8 February from 9:30am - 12:00noon. Everyone is welcome to come. For more information, contact Angie on 8382 7257.

CHARIS SA: INTRODUCING THE YEAR OF PRAYER
 Saturday 10 February, 10:00am to 3:00pm
 Guest Speaker & Celebrant, Fr Selva Raj
 St Peter Claver Church, 8 Stuart Rd, Dulwich
 Coffee & tea provided : bring own lunch

CHILD PROTECTION
 Education should develop each child's personality and talents to the full. It should encourage children to respect their parents, their cultures and other cultures.



CHILDRENS' MASS WILL BE CELEBRATED THIS SUNDAY AT 9:00AM AND 5:30PM.

WHAT'S ON

Mon	5 February	Mass at 9:00am - St Luke's
Tues	6 February	Mass at 9:00am - St Luke's
Wed	7 February	Mass at 9:15am - SCC Mass at 7:30pm - St Luke's
Thurs	8 February	Mass at 9:00am - St Luke's Benediction at 10:30am Rosary at 6:45pm - St Luke's
Fri	9 February	Rosary at 9:30am - St Luke's Mass 10.00am - St Luke's
Sat	10 February	Reconciliation at 9:00am - St Luke's Baptism at 9:30am - St Luke's Mass at 6:00pm - St Luke's
Sun	11 February 5 th	Sunday in Ordinary Time Year B Mass at 9:00am - St Luke's Mass at 10:45am - SCC Filipino Mass at 2:00pm - St Luke's Mass at 5:30pm - St Luke's

Seaford News:

SCC ECUMENICAL LENT REFLECTION PROGRAM

Commencing Ash Wednesday, 14th February, 10:30 – 12:00 noon.

A prayerful time of reflecting and sharing on the Lenten Sunday gospels and their invitation to us in our daily lives.

PLEASE SIGN THE REGISTRATION FORM on the table at the back of the worship space or at the Reception Desk by Sunday 11th February.

- Sr Bernardina Sontrop SGS

Embark on a transformative Lenten journey with **Pietà**, an 80-page (full-colour book) containing short daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to the longer-form Sunday Scripture readings, reflections, prayers and questions that traditionally form part of Lenten group gatherings. There will also be visio divina ("divine seeing") —an ancient form of Christian prayer in which we allow our hearts and imaginations to enter into a sacred image, in silence, to see what God might have to say to us.



These **Lenten Booklets** are available from the Parish Office for \$10.00 each.

Volunteer Police Clearances
 It is a legal requirement that all Parish Volunteers hold an up to date police clearance.
 If your clearance is about to expire, please contact the Parish Office for renewal.

**For parishioners who would like to receive Holy Communion on the tongue, kindly wait until all the other parishioners have received Holy Communion in the hand.
 Holy Communion on the tongue will be distributed by the priest. Please consume the host immediately.**

EXPLORING THE WORD

In touching Simon's mother-in-law and then allowing her to serve him, Jesus is breaking down traditional barriers. He brings wholeness and holiness to her by his presence. The Kingdom of God cannot tolerate prejudice and taboo just as sickness and evil have no place in the Kingdom.

This text shows us a typical day for Jesus—the first of his ministry. He listens to the Word of God, then worships with his community; he relaxes in the home of a friend; he pursues his work of healing and preaching and, before dawn, he withdraws alone to develop his relationship with the Father through prayer. There is a wonderful pattern of balance here between prayer, work and rest.

When the disciples find him, they want him to return to Capernaum to the acclaim he is receiving. Instead, Jesus insists that the boundaries of the Kingdom be pushed out. The Kingdom of God must reach further and further. It is for this that he came!

DID YOU KNOW?

- In Capernaum, archaeological excavations have uncovered a house, close by the synagogue, which has ancient inscriptions suggesting it is the house of Peter.
- Capernaum was a thriving town and was a centre for the local fishing industry.
- The Jewish Sabbath begins at sunset on Friday and lasts until sunset on Saturday. As the day of God's rest, work was not permitted. That is why Jesus only begins his work of healing after sunset.

PONDER

For those who'd given up the hope of happiness, the coming of Jesus was a new shot at life. For believers today, the news is just as exciting. Alleviate some misery in the "ash heap" nearest you. Kindness, sympathy, companionship, or a word of forgiveness can go a long way to make happiness live again.

(Continued from page 1)

Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

LOOKING FOR JESUS

(Mark 1:29-39)

One of Jesus' first acts in Mark's gospel is to liberate a man from a demon, as we heard last week. Next, Jesus tames a fever; and by nightfall, everyone is after him. Is this a surprise? Not to anyone who's ever suffered. If there's a miracle cure for our pain, we'd all like to have a piece of it. Jesus, for his part, doesn't seem to mind. He gets down to business and sends those diseases and demons packing.

The next day, Jesus moves on to the next town, and the same thing happens. The world is full of opportunities to encounter Job, and one village is as good as another. Job, unhappily, lives in all of them. The early success of Jesus' ministry owes itself to the rampant misery in

the world and our desperate desire for an answer or a cure. For those who'd given up the hope of happiness, the coming of Jesus was a new shot at life.

For believers today, the news is just as exciting. Jesus is ready to reach into our lives and liberate us from the demons that enslave us. Jesus is the only real healer, making even death itself a king without subjects. Though our misery runs deep and happiness becomes a memory, Jesus can restore our peace. No wonder so many are still after him. *GPBS eNews*

THIS WEEK'S READINGS

(5 - 11 February)

- **Monday, 5:** St Agatha (1 Kg 8:1-7, 9-13; Mk 7:1-13)
- **Tuesday, 6:** St Paul Miki and companions (1 Kg 8:22-23, 27-30; Mk 7:1-13)
- **Wednesday, 7:** Weekday, Ord Time 5 (1 Kg 10:1-10; Mk 7:14-23)
- **Thursday, 8:** Weekday, Ord Time 5 (1 Kg 11:4-13; Mk 7:24-30)
- **Friday, 9:** Weekday, Ord Time 5 (1Kg 11:29-32, 12:19; Mk 7:31-37)
- **Saturday, 10:** St Scholastica (1Kg 12:26-32, 13:33-34; Mk 8:1-10)
- **Sunday 11:** SIXTH SUNDAY in ORDINARY TIME (Lev 13:1-2, 44-46; 1 Cor 10:31 - 11:1; Mk 1:40-45)



PASTORAL CARE

If you need a priest for anointing prior to medical treatment or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8382 1717; or in an emergency 0452 524 169.